

Indications for Pre-Exposure Prophylaxis

PrEP **is** indicated if **ALL** of the following applies:

- Is ≥ 12 years old
- Weighs ≥ 35 kg (77 lbs)
- Has had a negative HIV test within the last week¹
- And **ONE** of the following risk factors in the past 6 months

Risk Factors:

- High risk sex² with a partner(s) of unknown HIV status
- Sex with an HIV+ partner³
- Diagnosed and/or treated for a STI⁴
- Share injection drug equipment with partner(s) of unknown HIV status⁵
- Requested and/or utilized non-occupational post-exposure prophylaxis (nPEP)
- Requesting PrEP without disclosing further details

Indications for Specific Therapies:

- ❖ F/TDF (Truvada) - eCrCl ≥ 60 ml/min⁶
- ❖ F/TAF (Descovy) - MSM/TGWSM only, eCrCl ≥ 30 ml/min
- ❖ CAB (Apretude) - no eCrCl cutoff

Footnotes:

1. Lab-based 4th-gen HIV Ag/Ab test **OR** a POC HIV Ag/Ab test (Abbott Determine). Oral fluid tests or HIV-Ab only POC tests are not recommended. Additional HIV-RNA testing is recommended if the patient has been on oral PrEP/PEP in the past 3 months or injectable PrEP in the past year.
2. High risk sex: inconsistent condom use, anal sex, transactional sex, or sex+substance abuse with partner(s) of unknown HIV status.
3. HIV+ partners with viral loads consistently < 200 copies/mL for ≥ 6 consecutive months pose a negligible risk of **sexually** transmitting HIV. U=U: undetectable=untransmittable
4. Chlamydia, gonorrhea, syphilis, genital herpes, bacterial vaginosis, trichomoniasis.
5. U=U has not been proven in HIV transmission that occurs through IV drug use
6. eCrCl: estimated creatinine clearance. Calculated using the [Cockcroft-Gault Equation](#)